

Mapping Your Ideal Life/Business



dream-up and then clearly define your future

Set a timer and spend 5 minutes each, imagining your best answer for the following questions

★ DESCRIBE YOUR BUSINESS

What do you sell, your materials, how is your product made?

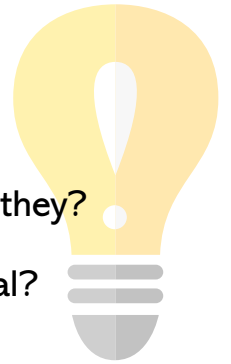
How do you spend your days? What tasks, hours?

Do you have employees? Describe them: what are their role/s, who are they?

What are your total annual sales? What did you sell to arrive at that total?

What is your workspace like? What equipment do you have?

What is your business environmental impact? What volume of textile waste did you upcycle?



★ DESCRIBE YOUR LIFESTYLE

What is your location, describe your home and with whom do you live?

What do you do in your free time?

Do you have a vehicle? Describe it.

Do you travel? Where to?

What is your annual savings/investment amount?

What is your self-care practice? Describe your body and health.



★ ANYTHING ELSE?

Add what is important to you when thinking about your ideal life/business that you have not spelled out in your answers above.